



Acute Emergencies

DEFINITION, IDENTIFICATION, CAUSES, SYMPTOMS, AND TREATMENT GUIDE

Index

Topics Covered

Topic 1

Topic 2

Topic 3

Topic 4



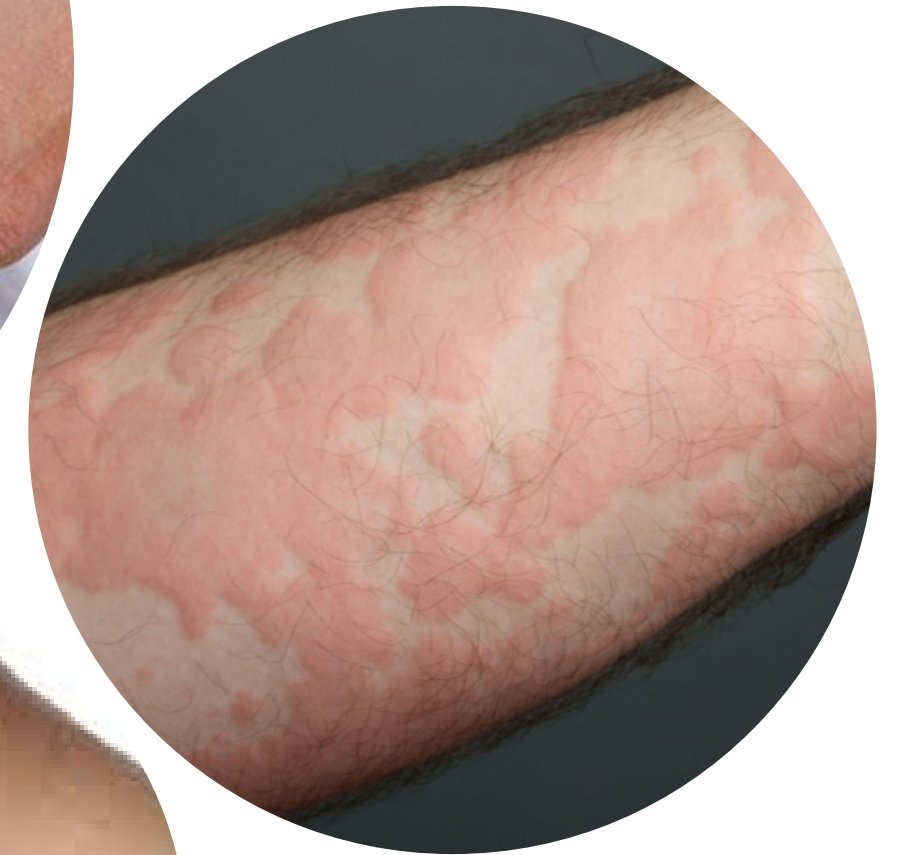


3. Allergic Reaction



What is an allergic reaction ?

An allergic reaction is the body's unexpected reaction to something it has come in contact with. Something that triggers an allergic reaction is called an allergen.





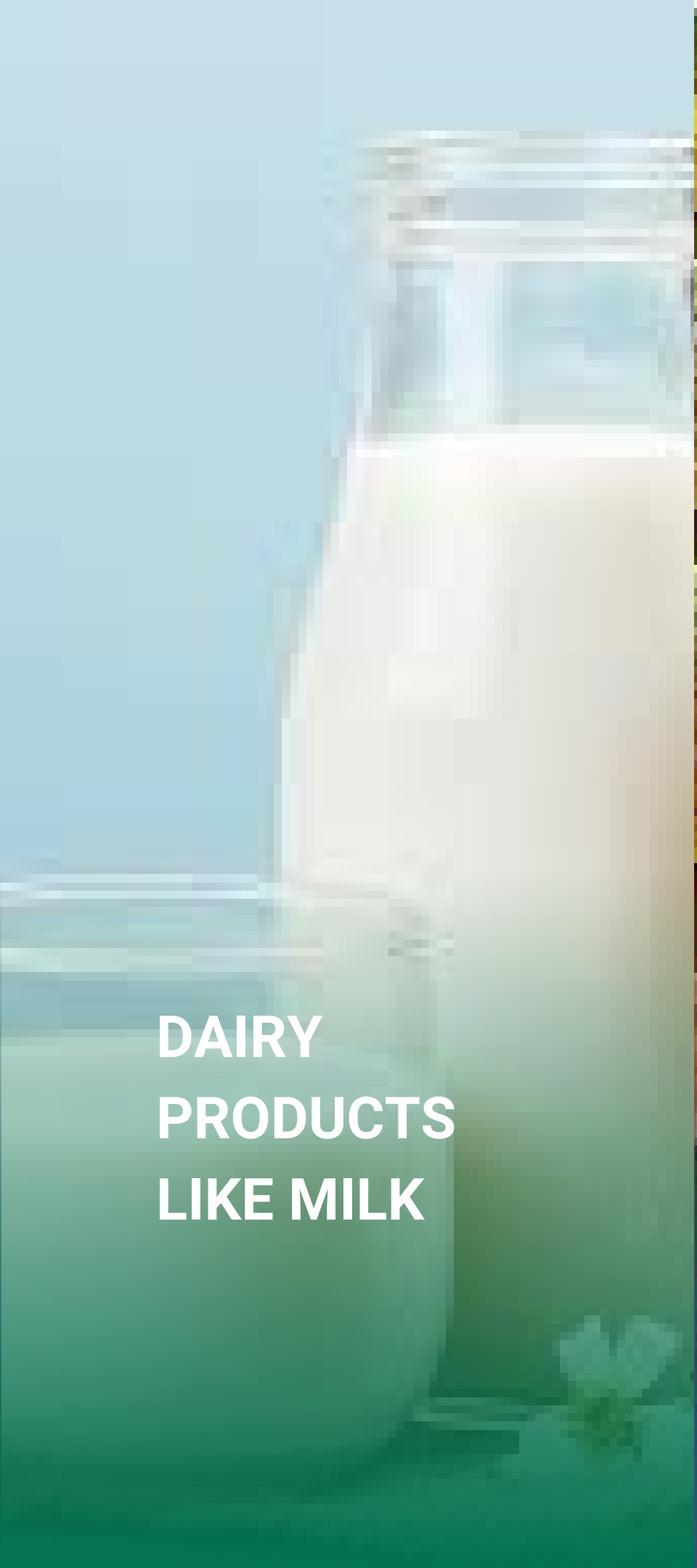
Common Allergens



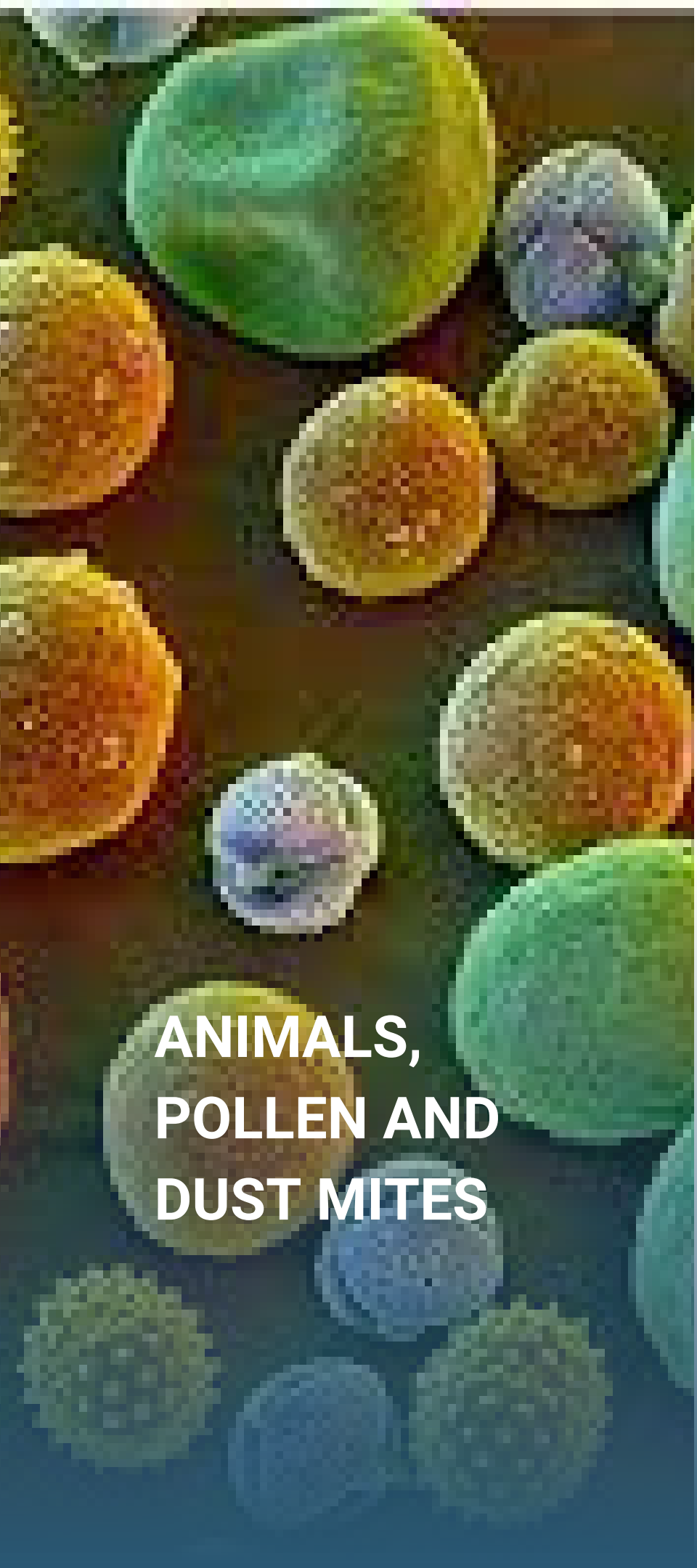
**NUTS LIKE
PEANUTS,
WALNUTS,
AND
CASHEWS**



**SEAFOOD LIKE
FISH AND
SHELLFISH**



**DAIRY
PRODUCTS
LIKE MILK**



**ANIMALS,
POLLEN AND
DUST MITES**



How to identify if someone is having an allergic reaction?



Indicator 1

**SWELLING OF THE LIPS,
FACE AND MOUTH**

Indicator 2

HIVES OR WELTS



How to identify if someone is having an allergic reaction?



Indicator 3

**ABDOMINAL PAIN,
VOMITING**

Indicator 4

TINGLING IN MOUTH



Symptoms and causes of an allergic reaction



01.

SWELLING OF THE LIPS, TONGUE, FACE OR THROAT

ANAPHYLAXIS

02.



03.

A LARGE AREA OF SWELLING AT THE POINT OF CONTACT



HIVES

04.





What to do?

To make the person comfortable and prevent any life threatening emergency do the following-

01.

Enquire if possible what has caused the allergic reaction

02.

Set the person in recovery position

03.

Continue to observe their breathing pattern



What to do?

To make the person comfortable and prevent any life threatening emergency do the following-

04.

Call for help

05.

If reaction is caused by a chemical, thoroughly wash the area with running water

06.

Ask the person to lean slightly forward for comfortable breathing

**Thank you for your
attention, It may save
a life one day**

