



District Wise Implementation Plan for Assam



Name of the project: **Mental Health and Psychosocial Support Services (MHPSS)**

Implementing by **Institution of Disasters, Emergency and Accidents (IDEA)** in
collaboration with **UNICEF India**

Aim of the Project

The Aim of the project is to create a cadre of **10,000** health service providers and Community outreach volunteers in the **10** targeted districts of the **Assam** who will have the knowledge and skills to:

- Recognize **Gender-Based Violence, Violence Against Children** and understand their impact on health and well-being of children and adolescents, know how to refer victims to services including counselling, legal support, access to social protection and compensation.
- Provide messages on **Positive Parenting** and **Psycho-educate** children, adolescents, their family members and community on promoting mental health well-being.
- Recognize symptoms of psychological distress, mental health disorders and know how to provide **PFA**, and refer those who need specialized services to **District Mental Health Program** (if available), local counselling services through DCPU or online counselling.
- Knowledge of helplines including **1098, 1091** and child protection referral services (Child Welfare Committee, District Child Protection Officer, Police).



Objectives



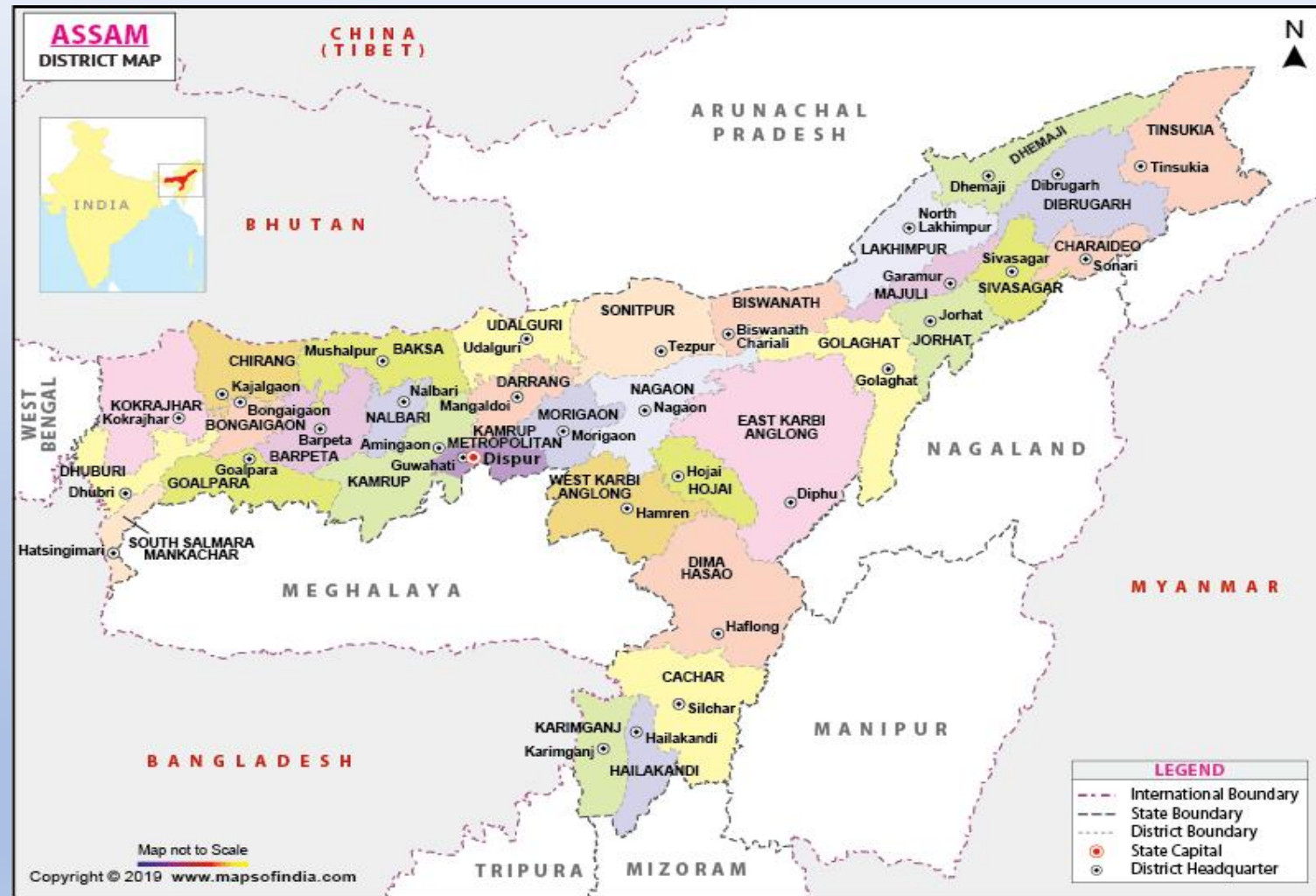
- Strengthen mental health and psychosocial services through integration into primary healthcare and community health services.
- Psycho-educate parents and caregivers to support children and adolescents, promote mental health well-being, preventing violence, abuse and exploitation and on positive parenting.

Expected Outcomes of the project

- Health care workers and community volunteers in the targeted districts of Assam have the knowledge and skills to provide Psychosocial First Aid (PFA) , prevention of Gender Based Violence and Violence Against Children.
- Children, adolescents and community members in the targeted areas of Assam have access to community based mental health and psychosocial support services as well as knowledge and information on prevention to gender based violence, violence against children, COVID-19 and promoting psychological well-being.

Geographical Coverage Areas(Districts)

- **Kamrup (Metro)**
- **Sivasagar**
- **Dibrugarh**
- **Nalbari**
- **Darrang**
- **Barpeta**
- **Morigaon**
- **Bongaigaon**
- **Kokrajhar**
- **Goalpara**



Name of the partner NGOs, Nodal Persons and the area they are working on

DISTRICT	NGO NAME	NODAL PERSON	AREA OF WORK
KAMRUP M	ASHADEEP	MR. MUKUL GOSWAMI	MENTAL HEALTH
SIVASAGAR	KAMUDALAYA	MS. RUNJUN CHUTIYA	INTELLECTUALLY DISABLED CHILDREN
DIBRUGARH	PRERONA PRATIBANDHI	MR. BIRU SINGH	DIFFERENTLY ABLED PEOPLE
NALBARI	SOCIETY FOR HUMAN DEVELOPMENT	MS. GITIKA DUTTA SARMA	CHILDREN, DIFFERENTLY ABLED PEOPLE
DARRANG	MONGOLDOI MAHILA KALYAN SAMITY	MS. RASHMI SARMA	WOMEN EMPOWERMENT
BARPETA	RURAL WOMEN UPLIFTMENT ASSOCIATION ASSAM	DR. SIMON BORDOLOI	MENTAL HEALTH AND WOMEN EMPOWERMENT
MORIGAON	MORIGAON MAHILA MEHFIL	MS. WAHEDA REHMAN	WOMEN EMPOWERMENT
BONGAIGAON			
KOKRAJHAR	PEOPLE'S AID	NABA BASUMATARY	UPLIFTMENT OF VULNERABLE COMMUNITY
GOALPARA			

Activities/Coordination with the NGOs in each districts

- **Activities to be done with the NGOs**

- 1. Coordination with DHS for activating MHPSS response programming through their scheduled monthly meeting.
- 2. Organising community outreach events
- 3. District level volunteers disseminating key messages during their own events/ UNICEF sponsored events
- 4. Giving us the list of master trainers
- 5. Follow-up with master trainers on the roll-over training to ASHA/ Anganwadi workers/ Child psychologist/ volunteers of the NGOs/ DDMA/ DMHP/ DCPU
- 5. Support us in mapping the referral services
- 6. Support us in youth and adolescents platforms

District wise Implementation plan



Name of the District level stakeholder	Name of the nodal person	Activities
District Health Society, Kamrup (M)	Dr. Ganesh Saikia	1. Seeking candidates for master trainers 2. Seeking candidates for sensitization 3. Sharing information on community outreach events 4. Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5. Data of existing mental health experts in the districts 6. Ensuring participation of IDEA volunteers and NGOs.
District Disaster Management Authority, Kamrup (M)	Mr. Kaustav Talukdar	1. Seeking candidates for master trainers 2. Seeking candidates for sensitization 3. Sharing information on community outreach events
District child protection unit, Kamrup (M)	Binjumoni Das, Ms. Rajlakhee Deori	1. Seeking candidates for master trainers 2. Seeking candidates for sensitization 3. Sharing information on community outreach events 4. Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5. Data of existing mental health experts in the districts
District mental health programme, Kamrup (M)	na	1. Seeking candidates for master trainers 2. Seeking candidates for sensitization 3. Sharing information on community outreach events 4. Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5. Data of existing mental health experts in the districts

Name of the District level stakeholder	Name of the nodal person	Activities
District Health Society, Sivasagar	Dr. S.M. Sarmah	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts 6.Ensuring participation of IDEA volunteers and NGOs.
District Disaster Management Authority, Sivasagar	Rupam jyoti Borah	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events
District child protection unit, Sivasagar	Ms. Dibya Jyoti Deori	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts
District mental health programme, Sivasagar	na	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings

Name of the District level stakeholder	Name of the nodal person	Activities
District Health Society, Dibrugarh	Dr. (Mrs.) Krishna Kemprai, Dr. Nabajyoti Gogoi (i/c)	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts 6. Ensuring participation of IDEA volunteers and NGOs.
District Disaster Management Authority, Dibrugarh	Mr Dipjyoti Hatikakati	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events
District child protection unit, Dibrugarh	Mr Pulin Chandra Borah, Ms Jyotirekha Borgohain (i/c)	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts
District mental health programme, Dibrugarh	na	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts

Name of the District level stakeholder	Name of the nodal person	Activities
District Health Society, Nalbari	Dr.Umesh Phangshu	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts. 6. Ensuring participation of IDEA volunteers and NGOs.
District Disaster Management Authority, Nalbari	Mr Hemanta Baishya	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events
District child protection unit, Nalbari	Mr Kangkan Bhuyan (i/c), Dipti Phukan	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts
District mental health programme, nalbari	na	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts

Name of the District level stakeholder	Name of the nodal person	Activities
District Health Society, Darrang	Dr.Ruplal Nunisa	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts 6. . Ensuring participation of IDEA volunteers and NGOs.
District Disaster Management Authority, Darrang	Mr P. K. Bhagawati (Additional Deputy Commissioner) , Mr Jagadish Bhattacharyya	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events
District child protection unit, Darrang	Mr Kabendra Warisa	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts
District mental health programme, Darrang		1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings

Name of the District level stakeholder	Name of the nodal person	Activities
District Health Society, Barpeta	Dr Tirthanath Sarmah	1. Seeking candidates for master trainers 2. Seeking candidates for sensitization 3. Sharing information on community outreach events 4. Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5. Data of existing mental health experts in the districts 6. Ensuring participation of IDEA volunteers and NGOs.
District Disaster Management Authority, Barpeta	Dr Nandita Dutta	1. Seeking candidates for master trainers 2. Seeking candidates for sensitization 3. Sharing information on community outreach events
District child protection unit, Barpeta	Mr Minendra Barman (i/c), Ms. Daisy Hazarika	1. Seeking candidates for master trainers 2. Seeking candidates for sensitization 3. Sharing information on community outreach events 4. Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5. Data of existing mental health experts in the districts
District mental health programme, Barpeta	NA	1. Seeking candidates for master trainers 2. Seeking candidates for sensitization 3. Sharing information on community outreach events 4. Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings

Name of the District level stakeholder	Name of the nodal person	Activities
District Health Society, Morigaon	Dr. R. K. Borkotokey	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts 6. Ensuring participation of IDEA volunteers and NGOs.
District Disaster Management Authority, Morigaon	Mr Ranju Sarma	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events
District child protection unit, Morigaon	Ms. Parinita Hazarika	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts
District mental health programme, Morigaon		1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings

Name of the District level stakeholder	Name of the nodal person	Activities
District Health Society, Bongaigaon	Dr. Nil Madhab Das	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts 6. Ensuring participation of IDEA volunteers and NGOs.
District Disaster Management Authority, Bongaigaon	Mr Ananta Samant	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events
District child protection unit, Bongaigaon	Mostafa Hussain	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts
District mental health programme, Bongaigaon	NA	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings

Name of the District level stakeholder	Name of the nodal person	Activities
District Health Society, Kokrajhar	Dr.Jahiruddin Ahmed	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts 6.. Ensuring participation of IDEA volunteers and NGOs.
District Disaster Management Authority, Kokrajhar	Mr Kamal Kishore Hazarika	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events
District child protection unit, Kokrajhar	Mr Sujit Kr. Nath (i/c), Ms. Jitanjali Islary	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts
District mental health programme, Kokrajhar	NA	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings

Name of the District level stakeholder	Name of the nodal person	Activities
District Health Society, Goalpara	Dr Abhijit Basu	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts 6.. Ensuring participation of IDEA volunteers and NGOs.
District Disaster Management Authority, Goalpara	Mr Khanindra Bhuyan	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events
District child protection unit, Goalpara	Mr Deben Bhuyan (i/c). Ms. Dipti Phukan	1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings 5.Data of existing mental health experts in the districts
District mental health programme, Goalpara		1.Seeking candidates for master trainers 2.Seeking candidates for sensitization 3.Sharing information on community outreach events 4.Guidance on identification of sensitive community pockets for community outreach events/ sensitization trainings

District level volunteers

- To coordinate with the partner **CSO/CBO** in the particular district.
- Coordinate with the **district level stakeholders** (DHS, DDMA, DCPU).
- To coordinate with the **master trainers** of the district.
- To coordinate the **community outreach events** in the districts.



THANK YOU